



NAMI Prince William FAMILY SUPPORT GROUPS

The challenges of mental illness do not only affect an individual's family members but also friends, teachers, neighbors, coworkers and others in the community. "Family member" and "caregiver" refer to anyone giving emotional, financial or practical support to a person with a mental health condition. Whether you're providing a lot of assistance or very little, the information and support you receive from a NAMI Family Support Group can help you better understand the issues that you might face.

Excerpt from <http://www.nami.org/Find-Support/Family-Members-and-Caregivers>

Woodbridge Family Support Group

Second Tuesday of the Month
7:00 pm to 9:00 pm
POC: Donna Fortunato, 571-437-4579
Sentara Northern Virginia Medical Center
Hylton Education Center
2300 Opitz Boulevard
Woodbridge, VA 22191

Las reuniones son el segundo Jueves de cada mes,
de 7:00pm a 8:30pm
Sentara Northern Virginia Medical Center
Hylton Education Center
2300 Opitz Boulevard
Woodbridge, VA 22191
Para más información:
Mande un email a pwnamispanishspt-grp@gmail.com

Llame a HOLA: 571-365-9620 (Jose) /
jose@holaprincewilliam.org

Haymarket Family Support Group

Third Friday of each month
6:30 pm to 8:00 pm
POC: Bonnie Cuppett, 703-282-6648
Haymarket Baptist Church
14800 Washington St.
Haymarket, VA 20169

Grupo De Apoyo Para Familiares

Spanish Family Support Group

*NAMI Prince William
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Woodbridge, VA 22195
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